



MAHARSHI DAYANAND UNIVERSITY ROHTAK  
(A State University established under Haryana Act. No. 25 of 1975)  
(NAAC Accredited 'A+' Grade)  
Directorate of Sports

Director Sports & Secretary,  
M.D.U. Sports Council, Rohtak

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No.Sports/2026/...1197-1449

Date : 20.01.2026

To

The Dean (s)/ Director (s)/ Principal (s)  
All the Colleges/ Institutes affiliated with M.D. University, Rohtak

**Sub.: Inter-College Cross Country (M&W) Tournaments 2025-26.**

Sir/Madam,

It is to inform you that the Inter College Cross Country (M&W) Tournament 2025-26 is scheduled to be held on 29.01.2026 at Sports Complex, M.D.University, Rohtak. A meeting of the officials for Cross Country tournament will be held on 29.01.2026 at 6.30 AM in the Conference Room, Sports Complex, M.D.U, Rohtak. The competition of the above event will start at 7:30 AM sharp on 29.01.2026. The Selection trials for MDU Cross Country (M&W) team 2025-26 will be held during the competitions.

All the Principals/Directors of participating Colleges/Institutes teams are requested to kindly direct the Incharges/Managers of the said team(s) along with student players of your College/Institute to reach as per schedule mentioned above for Inter College Cross Country (M&W) Competitions, 2025-26. **The team without a Manager/Coach will not be allowed to participate in the tournament. The players must be in proper playing kit and with shoes. It is compulsory for the participant to produce/submit eligibility performa duly attested, medical/fitness certificate along with Identity Card complete in all respects on the day of meeting.**

Further, it is also being informed that competitions will be held as per Athletic Federation of India rules as below: -

1. Men team will be of 6 participants and distance will be of 10 K.M.
2. Women team will be of 6 participants and distance will be of 10 K.M.

Still any query, kindly feel free to contact to Dr. (Mrs.) Shakuntala Beniwal, Director Sports (Mob. 9813653034), Dr. Tejpal, ADPE (Mob. 7015918003) & Dr. Ramesh Sindhu (Mob. 9050677479) Athletic coach, M.D.U., Rohtak.

**Note: Selection Trial Fee has been fixed 300/- per participant**

  
20.01.26  
Director Sports &  
Secretary MDUSC

Endst. No. Sports/2026/1443-1452 -2-  
A copy of the above is forwarded to the following for information and necessary action: -

Date: 20/01/2026

1. President, Sports Executive Board, MDUSC.
2. Chairman and Members of the Selection/Club Committee Cross-Country (Men) with the request to kindly supervise the final selection on 29.01.2026 at 06.30 AM at Sports Complex, M.D.University, Rohtak.

PROF. BHAGAT SINGH	CHAIRMAN	HEAD, DEPARTMENT OF PHYSICAL EDUCATION
DR. DHARMENDER SINGH	MEMBER	PT. NRSGC ROHTAK
DR. KRISHAN KUMAR	MEMBER	SJK KALANAUR
DR. RAMESH SINDHU	MEMBER	ATHLETIC COACH, MDU ROHTAK
DIRECTOR SPORTS	MEMBER	M.D. UNIVERSITY, ROHTAK

3. Chairman and Members of the Selection/Club Committee Cross-Country (Women) with the request to kindly supervise the final selection on 29.01.2026 at 06.30 AM at Sports Complex, M.D.University, Rohtak.

PROF. BHAGAT SINGH	CHAIRMAN	HEAD, DEPARTMENT OF PHYSICAL EDUCATION
DR. SURJEET NEEMA	MEMBER	VMM ROHTAK
DR. DHARMENDER SINGH	MEMBER	PT. NRSGC ROHTAK
DR. RAMESH SINDHU	MEMBER	ATHLETIC COACH, MDU ROHTAK
DIRECTOR SPORTS	MEMBER	M.D. UNIVERSITY, ROHTAK

4. Dr. Tejpal, ADPE, Sports Office, M.D.University, Rohtak.
5. Dr. Ramesh Sindhu, Athletic Coach, M.D. University, Rohtak.
6. Director, Public Relation Office, M.D. University, Rohtak.
7. Director, University Computer Centre, M.D. University, Rohtak with the request to kindly upload the same on the University website in the relevant section.
8. Superintendent, Sports Office, M.D. University, Rohtak.
9. Dealing Assistant/Clerk, Sports Office, M.D.U., Rohtak for advance and adjustment.
10. PA to Vice Chancellor/Registrar, M.D. University, Rohtak (for kind information to the Hon'ble Vice Chancellor/ Registrar).

  
20/1/26  
Director Sports &  
Secretary, MDUSC